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| Terapeuta | N° de exp.  |
| Meta  | Fecha  |

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| Día |  consumo |  # de copas por tipo de bebida. | # total de copas | Situaciónrelacionada |  Pensamientos y sentimientos relacionados con el consumo |

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| Mes y día | 1-si2-no3-no necesidad | Cer-ve-za. | Destilados | Vino | Si no consume es 0 | SoLo | otros | 1 | 2 |  |
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1. Lugar público 2. Lugar privado

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| Terapeuta | N° de exp.  |
| Meta  | Fecha  |

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| Día |  consumo |  # de copas por tipo de bebida. | # total de copas | Situaciónrelacionada |  Pensamientos y sentimientos relacionados con el consumo |

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| Mes y día | 1-si2-no3-no necesidad | Cer-ve-za | Destilados | Vino | Si no consume es 0 | SoLo | otros | 1 | 2 |  |
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1. Lugar público 2. Lugar privado

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| Terapeuta | N° de exp.  |
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| Día |  consumo |  # de copas por tipo de bebida. | # total de copas | Situaciónrelacionada |  Pensamientos y sentimientos relacionados con el consumo |

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| Mes y día | 1-si2-no3-no necesidad | Cer-Ve-Za | Destilados | Vino | Si no consume es 0 | SoLo | otros | 1 | 2 |  |
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1. Lugar público 2. Lugar privado



