Name/ID#: Date:

## TIMELINE FOLLOWBACK CALENDAR: 2028

**One 5 oz glass of regular (12%) wine**

**1 ½ oz of hard liquor (e.g. rum, vodka, whiskey)**

**1 mixed or straight drink with 1 ½ oz hard liquor**



**1 Standard Drink is Equal to**

**One 12 oz can/bottle of beer**

[](http://images.google.com/imgres?imgurl=http://www.goharpos.com/images/menuitems/martini_strawberry.jpg&imgrefurl=http://www.goharpos.com/menu.asp%3Fcat%3D36&h=220&w=147&sz=6&tbnid=1m0Gb1jI8Th68M:&tbnh=102&tbnw=68&hl=en&start=4&prev=/images%3Fq%3Dstrawberry%2BMartini%2Bglass%26svnum%3D10%26hl%3Den%26lr%3D)[](http://images.google.com/imgres?imgurl=http://www.cityoffargo.com/health/community/Images/wine-red-glass.jpg&imgrefurl=http://www.cityoffargo.com/health/community/safe.htm&h=216&w=144&sz=5&tbnid=oMQuvf2AaYkZcM:&tbnh=101&tbnw=67&hl=en&start=38&prev=/images%3Fq%3Dred%2Bwine%2Bglass%26start%3D20%26svnum%3D10%26hl%3Den%26lr%3D%26sa%3DN)

[](http://www.h-e-d.co.uk/WebPictures/HOT-SHOT-1oz.jpg)

**Complete the Following**

**Start Date** (Day 1): **End Date** (yesterday):

MO DY YR MO DY YR

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2028** | **SUN** | **MON** | **TUES** | **WED** | **THURS** | **FRI** | **SAT** |
|  |  |  |  |  |  |  | **1 New Year’s Day** |
| **J** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| **A** | **9** | **10** | **11** | **12** | **13** | **14** | **15** |
| **N** | **16** | **17 M. Luther King** | **18** | **19** | **20** | **21** | **22** |
|  | **23** | **24** | **25** | **26** | **27** | **28** | **29** |
|  | **30** | **31** | **1** | **2** | **3** | **4** | **5** |
| **F** | **6** | **7** | **8** | **9** | **10** | **11** | **12** |
| **E** | **13** | **14Valentine’s Day** | **15** | **16** | **17** | **18** | **19** |
| **B** | **20** | **21 President’s Day** | **22** | **23** | **24** | **25** | **26** |
|  | **27** | **28** | **29** | **1** | **2** | **3** | **4** |
| **M** | **5** | **6** | **7** | **8** | **9** | **10** | **11** |
| **A** | **12** | **13** | **14** | **15** | **16** | **17** | **18** |
| **R** | **19** | **20** | **21** | **22** | **23** | **24** | **25** |
|  | **26** | **27** | **28** | **29** | **30** | **31** | **1** |
| **A** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| **P** | **9** | **10** | **11 Passover** | **12** | **13** | **14 Good Friday** | **15** |
| **R** | **16 Easter** | **17** | **18** | **19** | **20** | **21** | **22** |
|  | **23** | **24** | **25** | **26** | **27** | **28** | **29** |
| **M** | **30** | **1** | **2** | **3** | **4** | **5** | **6** |
| **A** | **7** | **8** | **9** | **10** | **11** | **12** | **13** |
| **Y** | **14 Mother’s Day** | **15** | **16** | **17** | **18** | **19** | **20** |
|  | **21** | **22** | **23** | **24** | **25** | **26** | **27** |
|  | **28** | **29 Memorial Day** |  |  |  |  |  |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **2028** | **SUN** | **MON** | **TUES** | **WED** | **THURS** | **FRI** | **SAT** |
|  |  |  | **30** | **31** | **1** | **2** | **3** |
| **J** | **4** | **5** | **6** | **7** | **8** | **9** | **10** |
| **U** | **11** | **12** | **13** | **14** | **15** | **16** | **17** |
| **N** | **18Father’s Day** | **19** | **20** | **21** | **22** | **23** | **24** |
|  | **25** | **26** | **27** | **28** | **29** | **30** | **1** |
| **J** | **2** | **3** | **4 Independence Day** | **5** | **6** | **7** | **8** |
| **U** | **9** | **10** | **11** | **12** | **13** | **14** | **15** |
| **L** | **16** | **17** | **18** | **19** | **20** | **21** | **22** |
|  | **23** | **24** | **25** | **26** | **27** | **28** | **29** |
| **A** | **30** | **31** | **1** | **2** | **3** | **4** | **5** |
| **U** | **6** | **7** | **8** | **9** | **10** | **11** | **12** |
| **G** | **13** | **14** | **15** | **16** | **17** | **18** | **19** |
|  | **20** | **21** | **22** | **23** | **24** | **25** | **26** |
|  | **27** | **28** | **29** | **30** | **31** | **1** | **2** |
| **S** | **3** | **4 Labor Day** | **5** | **6** | **7** | **8** | **9** |
| **E** | **10** | **11** | **12** | **13** | **14** | **15** | **16** |
| **P** | **17** | **18** | **19** | **20** | **21 Rosh Hashanah** | **22** | **23** |
|  | **24** | **25** | **26** | **27** | **28** | **29** | **30 Yom Kippur** |
| **O** | **1** | **2** | **3** | **4** | **5** | **6** | **7** |
| **C** | **8** | **9Columbus Day** | **10** | **11** | **12** | **13** | **14** |
| **T** | **15** | **16** | **17** | **18** | **19** | **20** | **21** |
|  | **22** | **23** | **24** | **25** | **26** | **27** | **28** |
|  | **29** | **30** | **31 Halloween** | **1** | **2** | **3** | **4** |
| **N** | **5** | **6** | **7** | **8** | **9** | **10** | **11 Veterans’ Day** |
| **O** | **12** | **13** | **14** | **15** | **16** | **17** | **18** |
| **V** | **19** | **20** | **21** | **22** | **23 Thanksgiving** | **24** | **25** |
|  | **26** | **27** | **28** | **29** | **30** | **1** | **2** |
| **D** | **3** | **4** | **5** | **6** | **7** | **8** | **9** |
| **E** | **10** | **11** | **12 Hanukkah** | **13** | **14** | **15** | **16** |
| **C** | **17** | **18** | **19** | **20** | **21** | **22** | **23** |
|  | **24** | **25 Christmas** | **26** | **27** | **28** | **29** | **30** |
|  | **31** |  |  |  |  |  |  |