

# THE ART OF SUCCESSFUL AGING

Ninth Annual Interprofessional Geriatrics Training Institute  
February 25–26, 2016

SAVE THE DATE



Nova Southeastern University  
College of Osteopathic Medicine  
FLORIDA COASTAL GERIATRIC RESOURCES,  
EDUCATION, AND TRAINING CENTER

## THURSDAY, FEBRUARY 25, 2016

TIME	TOPIC	SPEAKER
<b>8:00 – 8:30 a.m. REGISTRATION &amp; BREAKFAST</b>		
8:30 – 8:40 a.m.	Welcome and Introductions	Naushira Pandya, M.D., CMD, FACP Cecilia Rokusek, Ed.D., M.Sc., RDN
8:40 – 9:20 a.m.	Primary Care: Achieving Quality Outcomes for Seniors	Elaine Wallace, D.O., M.S., M.S., M.S.
9:20 – 10:00 a.m.	Giving Hope: New Treatment for Alzheimer's Disease	Joshua Caballero, Pharm.D., BCPP Hady Masri, D.O.
10:00 – 10:40 a.m.	Autonomy at the End of Life: What Do Elders Want When Faced with a Terminal Illness?	Faustino Gonzalez, M.D., FACP, FAAHPM
<b>10:40 – 11:00 a.m. BREAK &amp; POSTER SESSION</b>		
11:00 – 11:40 a.m.	The Art and Science of Amplification: Successful Living with Hearing Loss	Patricia Gaffney, Au.D.
11:40 – 12:20 a.m.	Healthy Food Choices for Successful Aging	Cecilia Rokusek, Ed.D., M.Sc., RDN
<b>12:20 – 1:20 p.m. LUNCH</b>		
1:20 – 2:00 p.m.	The Value of Advocacy, Successful Aging and Disability Outcome	Connie McKenzie, RN, CMC Stephanie Swerdlow, LCSW
2:00 – 2:40 p.m.	You've Got to Move It: Everyone Old Can Feel Young Again	Shari Rone-Adams, PT, MHSA, DBA Debra F. Stern, PT, DPT, DBA
2:40 – 3:20 p.m.	Fostering Psychological Flexibility: A Model for Mental Health and Aging	Jacquelyn Browne, Ph.D., LCSW
<b>3:20 – 3:40 p.m. BREAK &amp; POSTER SESSION</b>		
3:40 – 4:20 p.m.	The Management of Head and Neck Pain in the Elderly	Paul Bradley, M.D., DDS, FRCS
4:20 – 5:00 p.m.	Panel Discussion FMDA - Florida Society for Post-Acute and Long-Term Care Medicine	Leonard Hock, D.O., MACOI, CMD Gregory James, D.O., MPH, CMD John Symeonides, M.D., CMD
<b>5:00 – 7:00 p.m. RECEPTION</b>		

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## FRIDAY, FEBRUARY 26, 2016

TIME	TOPIC	SPEAKER
<b>8:00 – 8:30 a.m. REGISTRATION &amp; BREAKFAST</b>		
8:30 – 8:40 a.m.	Welcome and Introductions	Naushira Pandya, M.D., CMD, FACP Cecilia Rokusek, Ed.D., M.Sc., RDN
8:40 – 9:20 a.m.	The Art of Dying: Meaning and Decision-Making in 2016	Sandra Bertman, Ph.D., FT, LCSW
9:20 – 10:00 a.m.	Let's Talk... About Fecal Incontinence	Nicole Cook, Ph.D. Angela Garcia, Pharm.D., MPH
10:00 – 10:40 a.m.	The Aging & Disability Resource Center of Broward County, Inc: Who We Are and What We Do	Elizabeth Lombardo
<b>10:40 – 11:00 a.m. BREAK &amp; POSTER SESSION</b>		
11:00 – 11:40 a.m.	African American and Afro-Caribbean American Men's Prostate Health Knowledge and Beliefs	Cora Yoose, Ph.D., FNP-BC
11:40 – 12:20 a.m.	Senior Citizens and Cybersecurity Awareness	Carlene Blackwood-Brown, M.Sc. Yair Levy, Ph.D. Steven Terrell, Ph.D.
<b>12:20 – 1:20 p.m. LUNCH</b>		
1:20 – 2:00 p.m.	Family Caregivers' Definition and Perception of the Nursing Home Placement Process	Sarah M. Koplrow, Ph.D., RN
2:00 – 2:40 p.m.	Navigating the Child Dependency System: When Grandparents Become Caregivers	Tamaru Phillips, MPA
2:40 – 3:20 p.m.	The Effect of Statutory Retirement on Healthy Aging	Cheryl Atherley-Todd, M.D., CMD
<b>3:20 – 3:40 p.m. BREAK &amp; POSTER SESSION</b>		
3:40 – 4:20 p.m.	How Many Shades of Gray? Sexuality, Dementia and Long Term Care	Jane Marks, CDP