### NSU IRB APPROVED:

Approved: August 10, 2020



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### **Gulf War Illness**

Gulf War Illness (GWI), also known as Chronic Multisystem Illness (CMI), is a term that refers to a group of chronic symptoms found in Veterans deployed to the Persian Gulf during Operation Desert Storm/Operation Desert Shield (1990-1991).

Gulf War Illness is thought to stem from chronic dysfunction in multiple systems including the immune, endocrine and autonomic nervous systems caused by environmental exposure during deployment.

### **How to Volunteer**

- We have studies across the country targeting areas of concern in Gulf War Illness using FDA approved drugs at approved doses and over the counter supplements
- Those with and without a diagnosis or symptoms are welcome
- If you live far from one of our study sites, you may be eligible for reimbursement for travel or participation in a virtual study
- Participation will inform and educate the Veteran and may lead to improved conversations with Primary Care Teams
- Results of evaluations will be provided upon request

### **Contact Us!**

954-262-2870

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## OPERATION DESERT STORM OPERATION DESERT SHIELD

We're still working for you!





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Approved: August 10, 2020 Expired: August 9, 2021

IRB#: 2019-359

# How many veterans are impacted by Gulf War Illness?

About one-third of Veterans deployed in Operations Desert Storm/Desert Shield have symptoms of Gulf War Illness.

## What are the symptoms of Gulf War Illness?

Symptoms of GWI vary, but can include...

- Fatigue
- Muscle and joint pain
- Cognitive difficulty
- Skin rashes
- Gastrointestinal symptoms
- Headache
- Shortness of breath
- Sleep Disturbances

#### What is the cause of Gulf War Illness?

The exact cause of GWI is unknown, despite much research. Possible causes include dysfunction in the immune, nervous, and mitochondrial systems; deployment related exposures; or a combination of these factors

### Who We Are

#### **About Us**

The Gulf War Illness Clinical Trials and Interventions Center (GWICTIC) is a collaborative research group with research sites across the country promoting an innovative, efficient and evidence-based process to perform clinical trials in Veterans with Gulf War illness.

#### **Our Mission**

We strive to develop effective treatments to improve the outcome and quality of life for Veterans with Environmental Exposure conditions related to deployment in Operation Desert Storm/Desert Shield!





*Dr. Nancy Klimas*GWICTIC Director & PI

## Nancy Klimas, MD

Dr. Klimas, the Director and Principal Investigator of the GWICTIC, is an expert in complex medical conditions such as Gulf War Illness (GWI) and Myalgic Encephalomyelitis / Chronic Fatigue Syndrome (ME/CFS).

She is currently a practicing clinician managing the largest GWI specialty clinic at the Miami VA, the Miami VA Environmental Medicine Clinic MVAEMC and Research Program.