

THE INIM



· SPRING 2022 ·



Webinar Series on ME/CFS & Nutritional Impact

WEBINAR SERIES ON ME/CFS & NUTRITIONAL IMPACT

Research study: "Identifying Nutrition Related Knowledge Gaps in Patients with ME/CFS"



TOPICS INCLUDE

1. Nutrition Basics: General Healthful Diet vs. Popular Diets
2. Anti-Inflammatory Foods vs. Pro-Inflammatory Foods
3. Nutrition Interventions for ME/CFS-Related Symptoms

Last month, we hosted a three part webinar series to identify knowledge gaps about nutrition in patients with ME/CFS in a joint research project with Nova Southeastern University's Graduate Student Dietitian, Marissa Swindell.

You can view all the recordings, on our [YouTube Channel](#).

Save the Date!

We are excited to announce the 2022 INIM Conference will be held on Friday, June 10th from 11:00 a.m. to 2:00 p.m. EDT via Zoom!

A blue graphic with a white megaphone icon on the left. The text reads: "SAVE THE DATE!" in white on a dark blue banner, "2022 INIM CONFERENCE" in large blue letters, "UNDERSTANDING ME/CFS TODAY: A CLINICAL & RESEARCH APPROACH" in smaller blue letters, and "Friday, June 10, 2022 11:00 a.m. - 2:00 p.m. EDT" in white on a dark blue banner at the bottom. The INIM and NSU logos are in the bottom right corner.

SAVE THE DATE!

2022 INIM CONFERENCE

UNDERSTANDING ME/CFS TODAY: A
CLINICAL & RESEARCH
APPROACH

Friday, June 10, 2022
11:00 a.m. - 2:00 p.m. EDT

Institute for Neuro-Immune Medicine
www.nova.edu/inim NSU Florida

Registration link and details will be released shortly!

CFS/ME Research Opportunities



VA Based Research

| | Study title | Where? |
|-----------------------------|---|----------|
| Chatterjee | Immune/Inflammatory Priming In Exacerbating Responses To GWI Stressors | Miami VA |
| Glutathione Curcumin | Nutraceutical Study For Gulf War Illness: Curcumin & Glutathione | Virtual |
| BBRAIN | Boston Biorepository, Recruitment and Integrative Network (BBrain) for GWI | Miami VA |
| Women V Men | Women Vs. Men With Gulf War Illness: Differences In Computational Models And Therapeutic Target | Miami VA |

Interested in participating?

Contact the National Recruitment Coordinator, Zachary

Barnes:

zachary.barnes@va.gov

Office - (305) 575 - 7000 ext 14217

Cell - (617) 435 - 5634

Event Recap


2022 SHIELD Conference

On Friday, February 25th, GWICTIC & INIM hosted the annual 2022 Sustained Homeostatic Imbalance due to Environmental-exposure Linked to Deployment (SHIELD) Conference. Veterans tuned in via zoom to learn about new and upcoming Gulf War illness research related to deployment in Operation Desert Shield & Operation Desert Storm.

Check out our impressive line-up of speakers:

- Nancy Klimas, M.D.
Current & Upcoming Research at GWICTIC & at Miami VAMC
- Kimberly Sullivan, Ph.D.
The Boston Biorepository and Integrative Network for GWI (BBRAIN): Working Together To Develop Diagnostic Markers and Treatments for Gulf War Illness
- Zachary Barnes
The Recruitment Process - An Overview
- Laila Abdullah, Ph.D.
Nicotinamide Riboside Clinical Trial for Gulf War illness at The Roskamp Institute
- Drew Helmer, M.D., M.S.
Genomics of Gulf War Illness

The event concluded with a live Q&A moderated by Dr. Klimas, followed by closing comments from Jimmy Arocho, INIM Research Associate & Chair, GWICTIC Patient Advocacy Committee.



2022 SHIELD Conference
Attention Operation Desert Shield and Operation Desert Storm Veterans!

February 25, 2022 | 11:00 a.m. - 1:00 p.m. EST
Via Zoom

The Institute for Neuro-Immune Medicine and GWICTIC will be hosting the 2022 Sustained Homeostatic Imbalance due to Environmental-exposure Linked to Deployment (SHIELD) Conference. Learn about new and upcoming Gulf War illness research from the nation's top investigators.

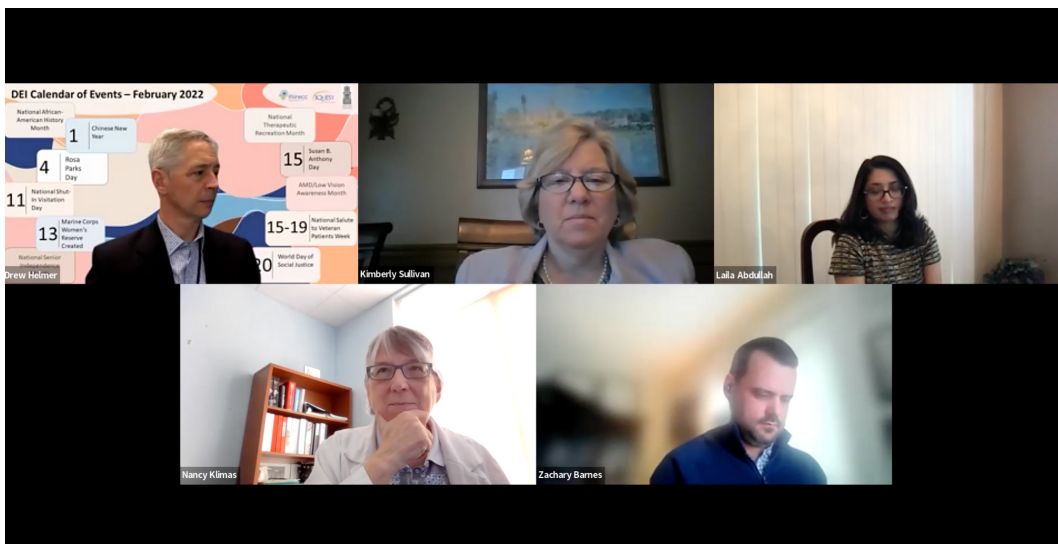
Keynote Speakers

Nancy Klimas, MD
Director, Institute for Neuro-Immune Medicine
Chair, Department of Clinical Immunology
Assistant Dean for Research, Dr. Kiran C. Patel College of Osteopathic Medicine, Nova Southeastern University
Director, Environmental Medicine Program, Miami VA Medical Center
Professor Emerita, University of Miami School of Medicine

Kimberly Sullivan, PhD
Research Associate Professor
Director and PI – BBRAIN Consortia
Boston University School of Public Health

Register here:
<https://bit.ly/2022SHIELD>

NSU Florida
Institute for Neuro-Immune Medicine
NOVA SOUTHEASTERN UNIVERSITY



Missed the event? Want to rewatch? Visit: <https://youtu.be/sLo7NtnH5Bg>

Recent Publications

The impact of post-traumatic stress on quality of life and fatigue in women with Gulf War Illness

- Shastry N, Sultana E, Jeffrey M, Collado F, Kibler J, DeLucia C, Fletcher MA, Klimas N, Craddock TJA.

<https://doi.org/10.1186/s40359-022-00752-5>

Sex-specific differences in plasma lipid profiles are associated with Gulf War Illness

- Oberlin S, Nkiliza A, Parks M, Evans JE, Klimas N, Keegan AP, Sullivan K, Krengel MH, Mullan M, Crawford F, Abdullah L.

<https://doi.org/10.1186/s12967-022-03272-3>



Interested in donating to the INIM?

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Your gift, no matter the amount, will help advance groundbreaking research and ensure that the INIM will continue to be a vital resource for our community.

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